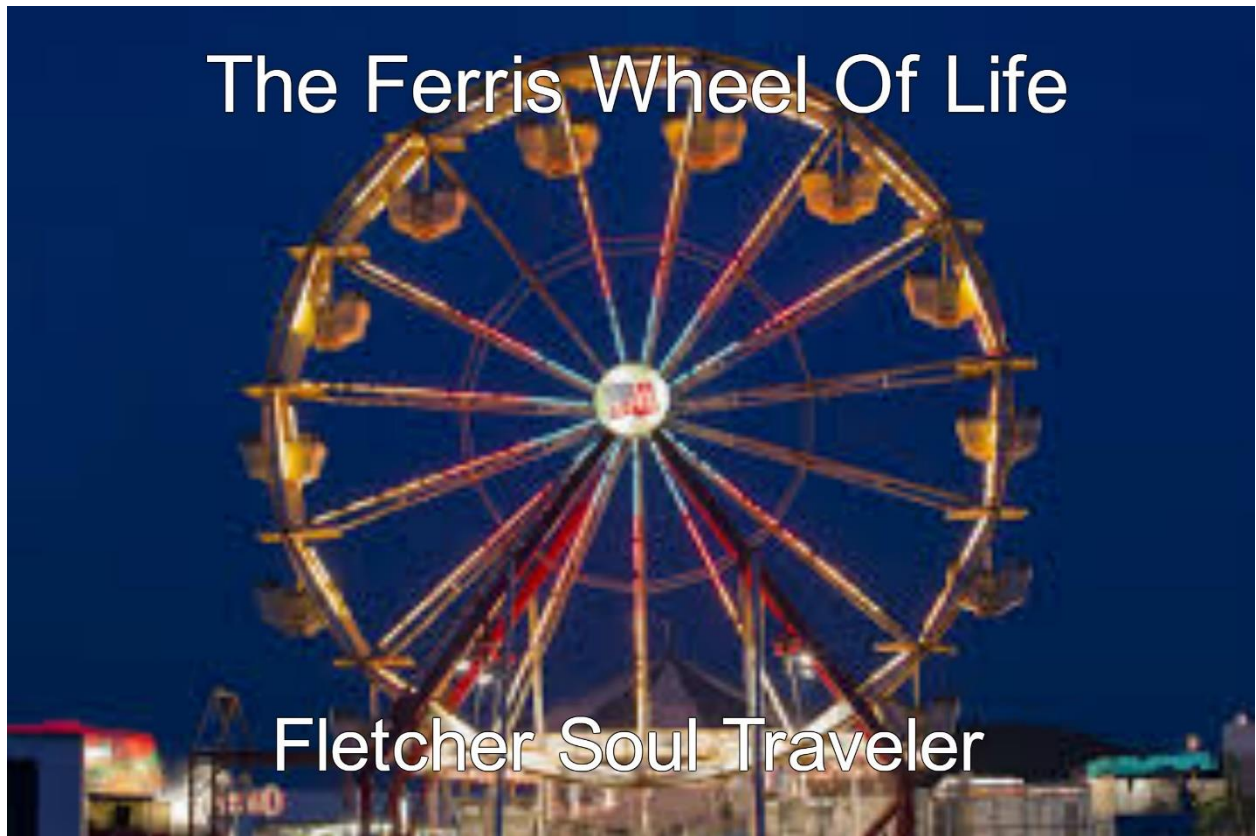


The Ferris Wheel Of Life



I hope that you stop and reflect with these poems. They are meant to ponder over and to ask yourself some basic questions about life. I sincerely hope that they will trigger a longing inside to search for the diamond that exists inside of you.

I wish to offer my humble gratitude to my brother John. John did all the music for this CD I believe that poetry and music together can enhance the poetic experience. It adds an extra layer of emotion. Unfortunately, in America, poetry has taken a back seat in our culture. Let's bring back the power of the spoken word.

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## The Ferris Wheel Of Life

Are we on the fairest wheel of life?

We go around and around.

We are happy and then we are sad.

We love someone and then we get totally pissed off by someone.

We are at peace and then in the next moment, we are all at war.

We go around and around in a circle.

How do we go beyond this wheel of life?

The masters have come from time immemorial.

They have all said the same thing.

Look inside your heart to answer this riddle.

## The Surfboard

The surfboard is the vehicle to ride the ocean waves.  
You can take this board around the world and ride the magnificent waves.

You paddle out.

You encounter obstacles along the wave.

When the waves are big you are panting for breath.

I made it out.

Now, what do I do?

You wait for a wave to come.

Ah, look at that one.

I'm in a perfect position.

You either catch the wave or you don't.

The wave doesn't wait for you.

You stand up and you made the drop.

Your mind is totally at peace.

You are in the zone.

You made the wave.

Or

I'm paddling for the wave.

I think I got it.

Oh my God, I'm going over the falls.

It seems like years I'm underwater.

Yet only a few seconds go by.

The wise man was surfers of their day.

They discovered the waves of light.

There is an ocean within just waiting to be discovered.

Did you know you are a surfer?

## The Whale

When I was young my brother and I went for a spin on a motorboat with our dear friend Mark.

It took time to go from the harbor to outside the jetty.

When we got outside the jetty Mark turned off the engine.

Suddenly we felt thousands of bubbles beneath us.

Never before have I been so excited.

A huge whale comes to the surface and greets us.

I'll never forget those beautiful eyes.

The whale knew he could destroy us but that wasn't on his mind.

The whale was our friend.

He had nothing to prove.

He was majestic.

I'll never forget that experience.



## The Wine Of Life

They say that wine will get better with age.

But in the job market today there is discrimination.

I was once laid off and given a great termination package on the condition I would sign this document.

The document said I couldn't sue the company for age discrimination.

This was a carrot on a stick.

Sadly, folks at Google think you are washed up at 30 years old.

They become putrefied with age.

Their self-worth goes away.

I'm no longer needed.

What a joke we play on ourselves.

The older I get the wiser I get.

Society doesn't see it that way.

I'm proud of my life and you can't take that away.

Millions of people are getting older and are like that fine wine.

We must change our ways.

## The Mirror

We look in the mirror when we get ready for work.

If the night was full of partying we will see baggage under our eyes.

If you are young a child will giggle in the mirror.

The mirror will reflect our state of mind.

If your husband cheated on you, your face will be full of sadness.

If your mates propose to you, you will declare I'm the luckiest person in the world.

If your Mom dies you will reflect grief.

There is a mirror within that needs to be discovered.

A wise man cleans the mirror of life within.

He finds his true nature.

## Your House Needs Dusting

When you dust your house the dust flies all around.

At times it appears the dusting truly causes more dust to fly.

Yet at the end of the day, your house is clean.

Are we at the point in time where humanity is dusting our house?

It seems like more chaos than ever.

The world is spinning out of control.

Yet realize the house is being cleaned.

Peace will prevail on this earth.

Now continue the house cleaning.

## It Takes Two To Tango

It takes two to tangle.

The next time you are about to get angry remembers the following.

It takes two to tangle.

You can diffuse your anger by seeing the molehill is not the mountain.

What difference does it make?

Do I really need to prove my point of view?

There are always two sides to the story.

The wise man always sees it takes two to tangle.

If you give anger to a wise man he will not accept it.

The anger will be redirected back to you.

This is the true martial artist.

The wise knows it takes two to tangle.

## Do You Want Some Small Advice?

Do you want some small advice?

Let go of your anger.

You may hold some situations for decades.

The other person has forgotten about it years ago.

Yet you carry this baggage on your shoulder.

Throw this baggage away.

Forgive yourself and others.

This doesn't mean you forget, it means you forgive.

You will experience less weight on your journey in life.

Practice being a human being.

You are a human doer.

Sit and play with your children.

Put your cell phone away.

Your children will grow right before you.

Take this golden opportunity to know them.

Spend time with your friends.

Don't put your job first in your life.

Create a work-life balance.

Learn how to meditate.

Let go of old energies such as anger, fighting, impatience, intolerance, and greed.

Drop them by the side of the road.

Embrace kindness, compassion, tolerance, patience, and love.

Over time you will soar like the eagle.

Remember you are a piece of the puzzle.

You can change the world.

## How Did The Master Become The Master?

How did the master become the master?

Do you think the master was born that way?

The master became a master through a lot of work.

Nobody gets a free ride.

A master makes mistakes along the way.

He makes thousands of mistakes along the way.

Yet over time, he learns from his mistakes.

He learns what buttons people push that are his weak links.

Over time there are no buttons to push.

He will just smile and listen to you.

He has nothing to prove.

A master loves to meditate.

Not only sitting in meditation.

A master learns to be in a constant state of meditation.

Walking around is fun.

There is no boredom.

There is a love of this great journey of life.

This journey is eternal.

The master knows this and so can you.

## You Are The Company That You Keep

In India, there is a saying tell me who you keep company with and I will tell you who you are.

If you keep company with the Mafia you will probably be a member of the Mafia.

If all your friends use drugs most likely you will too.

If all of your friends like rap music you will probably like it.

You are the company that you keep.

Here's some good advice.

Why not be a friend of your higher self?

You are the sun, moon, and stars.

You are never alone.

Your best friend is God.

He lives inside your heart.

You are the same.

Remember you are the company that you keep.

You have free choice to make.

I would consider this offer.



## Practice Is The Key

Everything you learn in life you must practice.

A baby learns how to walk.

It stumbles and falls

The baby gets frustrated.

Yet in time the baby learns to walk.

It even learns how to run and leap through the air.

Everything in life you must practice.

Many people come up to me and say I can't meditate.

It's too hard.

My mind is constantly chattering.

Learning how to meditate takes time and effort.

You learned how to walk.

You can learn to meditate.

You can learn how to be a master.

Remember practice is the key.

## The Dilemma

Here's the dilemma.

The universe is linear or so it seems.

We can travel linearly from earth to the moon.

Everything we do is linear.

We think that God is in heaven sitting on a throne.

We think that angels have wings.

Yet what if God is a multidimensional energy?

A scientist can only see in 3D.

God is beyond 3D.

The creation is 3D yet the creator is beyond 3D.

Your true self exists in both 3D and beyond.

This is a great mystery.

This is the dilemma.

How can something that is 3D find God that is 3D and beyond?

This is the true game of life.

Find out who you truly are.

## Is Life Like A River?

Is life like a river?

We are born and we float merrily down the river of life.

At times a storm comes and we get thrown one way and the other way.

We are confused and dissatisfied with life.

We are with our lovers and watch the moon at night.

Where does the river of life take us?

Who is the one that places you on this river?

Who is the one that takes you from this river when your life is ended?

Only you can answer this riddle.

## The Software Engineer

I love being a software engineer.

I have been doing it for thirty-plus years.

I have learned so many different languages.

C, C++, C#.

Each one is a tool.

I love starting with a blank slate and creating a useful tool.

Many mistakes abound.

These are called bugs.

You fix your bugs and go on your way.

I love the wonder when it's done.

Built a dome automation program in Maui.

No more the dome operator falling asleep.

I have learned to be my own software engineer.

I look at the bugs in life and try to fix them.

Some bugs go deep.

It takes time to fix them.

We can all learn to program our life.

We can choose our destiny?

The world doesn't control us.

We have the tools.

We just have to use them.

## Stuff It In Our Closet

How much do we stuff things and place them in our closet?

We know we should stop smoking.

Yet we stuff this into our closet.

We know we have an anger problem yet we stuff it into the closet.

How large is the closet?

We have a lot of junk along the way.

Maybe it's time for spring cleaning.

Let's go one by one and say do I really need this?

Just choose one item from the closet.

This will make your life easier.

One day you will open up the closet of life and discover nothing is there.

You will enjoy no more baggage.

## The Sound Of Silence

Sit still and listen.

How do I sit still?

How do I listen?

What do you mean by sitting still?

What am I supposed to listen to?

The mind loves to ramble on.

Here are what seem to be two simple things yet it's the hardest thing in life.

This is the most difficult.

Sit still and listen.

Try to solve this riddle.

Masters have come and gone.

They all say the same thing.

Sit still and listen.

## Why

Why am I alone?

You are never alone.

Why has God not shown himself to me?

Maybe you are looking in the wrong place.

How about looking into your heart?

How come God never talks to me?

I pray to God.

Maybe you should listen to the sweetness of your breath.

I have read all the great books but I'm still not at peace.

Peace only lies within.

The great books only talk about the fruit.

The fruit exists inside of you.

Why does God allow war?

You have free choice.

You can change.

Why is there poverty on earth?

Learn to share with others.

Don't be so greedy.

Everyone has free choice.

Now is the time to start thinking about others.

Only humans can fix their problems.

God does not fix them for you.

I'm always by your side.

## What Is Greater?

What is greater a man who has conquered the world

Or a man who has found peace in his heart?

Who is the greater one who is full of anger?

Or the one who has learned to control anger?

What is greater than the rich man who has billions of dollars and doesn't share it

Or the poor peasant in India sharing a meal with me?

What is greater love or money?

What is greater talking about God or to experience God?

These are the question for today.



## You Can Take A Horse To Water

I once had a grand teacher who said you can take a horse to water and you can't  
make it drink.

But you can put salt in his food.

Hopefully, these poems are the salt in your food.

May you drink the waters of life within?

Throughout time masters have come and gone and sprinkled a little salt along the  
way.

Are you getting thirsty?

## The Door Of Life

Don't shut the door of life.

It was meant to be open.

Unfortunately, man has closed the door to life.

What is beyond the door?

You are the universe you just don't know it.

You are the sun, moon, and stars.

You are the great mystery.

Only you can open the door within.

Who Were You Before You Were Born?

Who were you before you were born?

Who are you when you die?

We came and we go.

Just think you are the universe.

In this life, you can discover this precious jewel of life.

## Is A Spiritual Life Boring?

Many people think that spiritual life is boring.

They think they miss out on life.

A spiritual person is on the journey of life.

Boredom never comes to mind.

Life is exciting and a grand adventure.

Slaying the demons of the mind is not easy.

Learning to meditate and see the monkey mind is not a walk in the park.

How about learning to control your anger?

I would not consider that to be a boring affair.

Fighting between darkness and light.

This is no easy battle.

God is there to coach you but you must fight the battle.

Oh, I would say that spiritual life is not boring.

Only you can solve this puzzle.

## Is Life Like A Swing?

Is life like a swing?

We are happy and then we are sad.

We are content and the next moment we are angry.

Are we acting by life's events?

Whatever life throws at us we react.

Do you know we can control the swing of life?

We don't have to be drama queens.

Man was born with the capacity to stop, look and listen.

When something negative comes your way.

Stop and take a deep breath.

Look what's coming your way.

Listen to your higher self.

This event is something to learn.

Drop the old energies of anger.

Smile and experience the wave of life.

You are eternal.

You can master the swing of life.

End the cycle of drama.

## Feet On The Ground Head In Heaven

All the great masters have said the same thing.

Have your feet on the ground but have your head in heaven.

You are the sun, moon, and stars.

In this state, you would not have a care in the world.

Anger would be a million miles away.

You would know that we are all one.

You wouldn't just think about it but in your daily activities, you would experience it.

Peace would be on this planet.

You would be walking with your creator.

Christ was a great master who lived in this state.

He showed man that you have God inside of you.

The kingdom of heaven is within.

Only you can answer this riddle.

## Does God Have A Face?

Does God have a face?

Is there a God sitting in heaven on a throne?

Did God create this universe in 7 days?

How long is a day 7 billion years?

Do angels have wings?

Is there a heaven and hell?

There is a heaven and hell it's your state of mind.

God does not punish you.

You punish yourself on earth.

God will embrace you when you die.

It doesn't matter if you are a saint or a sinner.

God does not judge you.

He accepts you for who you are.

God is hidden inside of you.

Only you can open up the door.

The true journey of life begins with this simple step.

## The Lightworker

The lightworker is God's handyman.

You will probably never know their line of work.

They work behind the scenes.

They are proud of their work yet they never gloat about it.

You probably have one at work.

They just shine light where they go.

Yes, they are not perfect.

They make mistakes.

Yet they learn from them.

It is a constant job that's why it's called a light worker.

They shine light all over the world.

The light of God dispels darkness on this land.

The lightworker uses God's light to dispel darkness.

This light will transform man.

Peace will be on this earth.

You just wait and see.



## The Prince Of Peace

Did you know that you are a prince?

Did you know that peace exists in your heart?

Did you know you are eternal?

Did you know a part of you is one with God?

Did you know your mission is to solve this puzzle?

It might sound outlandish that this may be true.

Don't take my word.

Why not see for yourself?

It just takes one small step after another.

## Convert

Did you know God does not try to convert you?

He does not say if you don't believe or follow me you are going to hell.

God does not judge.

All the great books were channeled from God to human beings.

He simply put those words into a book.

There are many ways to God.

God doesn't care about your religion.

Quite frankly he doesn't like religious wars.

My religion is better than your religion.

How trite is that?

God does not take sides when both are fighting.

Actions speak louder than words.

A man of God has a humble heart.

He has found his true home within his heart.

He has dropped the war inside and is sleeping with his beloved.

He is never alone.

## God Released You

When you were born God released you from heaven into this world.

When you die God releases you from this world into his arms.

It doesn't matter if you are a saint or sinner God accepts you the same.

You have free choice.

God will always love you.

When I was young at times I couldn't stand to hear about God.

I would cringe inside.

They wanted me to feel guilty about putting Christ on the cross.

I did not put him on a cross.

That was two thousand years ago.

You are born a sinner.

How can you be born a sinner when we came from God?

Is God a sinner?

Through time by meditating and praying I learned truly to love God.

I ate the apple of life and no serpent engulfed me.

Peace exists inside.

I found God in my heart.

The universe is alive.

Hello

Hello, are you out there?

I'm trying to inspire you.

I don't wish to convert you.

There isn't anything to convert.

I'm not here to judge you.

I'm not here to condemn you.

Life does not condemn.

What I say is simple.

It comes from my heart.

Discover the universe that lies inside.

Don't take my word.

See for yourself.

## The New Dawning Of Man

Is this the new dawning of man?

Have we reached a point in history where we can say let's get rid of the old?

War has raged on this planet and what has it created?

Another war.

We should have blown up the planet by now.

Armageddon should have come and this land would have been barren.

Yes, a new dawning of man is coming.

You just wait and see.

The entire universe is cheering for us.

The new dawning of man is coming.

## Marpa The Translator

I once read a book given by a dear friend.  
It was the story of Milarepa a great Tibetan saint.  
Milarepa was looking for Marpa.  
He wandered throughout the land.  
He saw this simple farmer plowing his field.  
Milarepa said "Do you know where Marpa the translator lives" in a sarcastic voice.  
Oh, he is miles down the road.  
He spent a few days walking and asked another farmer.  
Oh, you passed him two days ago.  
He was the farmer that was plowing his field.  
A great master has nothing to prove.  
He loves to plow the fields of life.  
He loves to pull weeds and plant seeds when the soil is rich.

## Peace On Earth

Did you know that God does not bring peace to the earth?

That is our choice.

Did you know that God won't stop a war?

That is our choice.

Did you know that God won't stop poverty on earth?

That is our choice.

God won't stop the problems we have created.

That is our choke.

## The Horse

The horse is wild and running in the wind.

It loves to run.

The horse loves its freedom.

It can go anywhere it desires.

The horse loves the pack it's in.

It doesn't fight or squabble.

The horse has a tremendous mane yet is gentle.

We have the horse within.

Freedom exists inside.

We can run with the wind.

Only you can discover this riddle.



## How Would You Like To Be?

How would you like to be like an eagle soaring in the wind?

How would you like to be like a dolphin dancing in the waves?

How would you like to be a star sparkling at night?

How would you like to be the universe in all its glory?

How would you like to be the sun shining warmth to this world?

This is the riddle of life.

You are the sun, moon, and stars.

Discover your true essence.

## Santana Winds

The Santana winds were blowing today.  
At the Grammy's Carlos Santana blew them away.  
"Smooth" was the sailing as it took the song of the year.  
His album supernatural won album of the year.  
In all, he stole the show.  
His dream came true.  
The electricity filled the air and all were moved.  
Love truly conquers.  
Whenever we are about to give up, a miracle can occur.  
For months now his music is on top of the charts.  
Born in Mexico he has been rich and poor.  
His life has been dedicated to peace.  
His soul is on fire.  
He has seen the good, bad and ugly.  
He has embraced the monster within.  
May the Santana winds blow forever?

## House Of The Future (1954)

When I was young I grew up in the house of the future.

My Dad built it.

20,000 people came and visited our house in two weeks.

It was featured in magazines, newspapers, Movie Theaters, and TV.

Imagine walking into a house and by clapping on your hands the lights turn on.

A key with a thousand different combinations would call the police if the wrong key were inserted.

Windows would close automatically when it was raining or it got cold.

At night lights would turn on automatically as you entered darkened rooms.

It would turn off when you leave.

At the press of a button, 25 preset numbers could call someone on the phone.

Cordless lamps and plugs could be moved anywhere in the room and lit up.

My Mom could be making dinner and she could watch us playing inside or outside on TV.

Peek-a-boo walls with slanted wooden glass panels allow people to view out and no one could look in.

Movable glass walls separate the living room and outside the porch.

An aluminum cooking pan is suspended in space by electronic coils in a cabinet.

The lanai had its own natural air conditioning.

Cool air would circulate according to the laws of physics.

A picture window is over the fireplace.

No chimney.

Smoke goes underneath the house.

There is no lawn.

Pink and green gravel is border by natural shrubs and flowers.

No gardening was necessary.

These images will live with me forever.

I learned at a young age to think outside of the box.

## Take Me To Your Leader

When I was around five my Uncle took my brother and me to Bob's Big Boy.

My Uncle was giving us a treat.

During those times Bob has a paper-place mat of a man from space.

The words "take me to your leader" were printed on the mat.

My brother and I place the masked over our faces.

We both started to laugh.

We both knew that we came from beyond the stars.

Words can't describe the experience.

Our Uncle certainly wouldn't have understood what we were experiencing.

How can you put it in words?

Nobody would understand.

Yet both my brother and I knew we came from beyond.

We just laughed.

## Which One Is Which?

I'm a twin.

When I was young my mom and dad had to put fingernail polish on one of us.

They couldn't tell us apart.

Maybe I'm my brother and my brother is me.

Who can tell us apart?

There's a part of me that is my brother.

A part of my brother is me.

## The Mind

Where does the mind exist?

Does it exist only in the brain?

Does our mind exist throughout our body?

Are we narrow in our thinking?

How can my gut react?

I felt it in my toes.

I listened to my heart.

Scientists are beginning to unravel the mysteries of the mind.

It seems that intelligence is located everywhere in the human body.

Are our bodies a reflection of our minds?

Does our mind govern our emotions?

Or

Do our emotions govern our minds?

What is a disease?

Can man control or stop disease?

What part does the immune system play in all of this?

Can man improve his immune system with his mind?

In the future will man recognize that stress causes the majority of diseases?

Imagine man-conquering stress?

How long could a man live?

## The Enemy Lies Within

Your greatest enemy or adversary is not outside your life.

This adversary lies within.

This adversary does not allow you to see the truth for what it is.

It allows you to see with tainted eyes.

Imagine that the world is divine, but what we see and what it is are completely different.

Because we fight with ourselves, we can not see perfection.

We are in a constant struggle with ourselves.

Yet we blame the world and others for our struggle.

What would happen if we saw that we must first accept ourselves?

We must accept our imperfections.

By doing so and not putting blame on others, we accept responsibility.

Once we accept responsibility for our own actions, we can truly succeed in life.

We realize that our enemy is our friend.

The only way a human can grow is by taking responsibility for his life.

Life allows us to grow.

Events come to us so we can grow.

What you perceive outside is a reflection of your inside.

The wise man embraces the enemy and is set free



## Enlightenment

What is enlightenment?

Can a man become perfection if his actions are still dictated by the world's reactions?

Can man dissolve all of his anger, jealousy, and greed?

Can a man truly live in a state of love?

In order to be enlightening a man must be one with light.

Can pure light melt and diffuse man's negative emotions?

Do we perceive anger, jealousy, and greed because we are not in harmony?

If a man became the sun, moon, and stars, his anger, jealousy, and greed would be a million miles away.

Because we see duality we can not perceive the truth.

The sun does not know darkness.

An enlightened man knows only the rays of love.

He becomes the sun to man.

Christ was the sun.

The sun of God to man.

Each of us can become the sun.

## True Knowledge

A man may read all the books in the universe.

He may be the world's best debater.

His intellect may be supreme.

But a pure child and innocence are truly the wise ones.

A man, who knows his heart, understands true knowledge.

He alone is wise.

## I Think Therefore I'm Confused

How many different sects and religions are out there?

Many say believe in this and you will be saved.

While others say if you believe in what they say you are doomed.

Are we trapped by what we believe in?

I think therefore I'm confused.

Maybe everybody is talking about the same thing.

Can we rely on religion?

Maybe the answer lies inside.

Is God a Christian, Hindu, or Jain?

Was Jesus a Catholic?

Didn't all great teachers proclaim that God lies within?

Maybe we need our own internal experience?

Then we can see that everybody is talking about the same thing.

Wouldn't that change the world?

## Old Man

It's amazing how the west regards the elderly.

Let's put them in an old age home to die.

Have we lost our minds?

How out of touch we are?

The ones, who brought us into this world, we put them out to pasture.

Have you ever learned from the old ones?

Is America the home for the young?

What discrimination have we?

In Hollywood a female has a hard time getting roles over forty.

We think she is over the hill.

Yet the perception lives on.

Man dreads his old age.

He longs for his youth.

Yet wisdom is garnished throughout a man life.

The older you get the wiser you become.

The wine improves with age.

## Time Fly's

I have a theory the older you get the faster time flies.

Is time constant in our life?

I remember the summer vacation between my first and second grades.

It seemed it lasted forever.

Summer's now goes whizzing by.

Before you know it the year is gone.

Have you ever had a job you hated?

Constantly looking at your watch?

Time slows down.

How about with your lover?

Time seems eternal.

Is time merely created by our minds?

Can man perceive something, which is timeless and beyond space?

The wise man says dive within the well of your being.

You will find the answer.

## The Well

A man drinks water from the well and his thirst is satisfied.

A man searches for the well of life.

He wants his soul to be quenched.

A man searches throughout the lands.

He searches throughout the universe.

His lips are parched.

He sees mirages, but they disappear in thin air.

The wise man discovers the well within.

His thirst is quenched.

He is sipping wine with his beloved.

Understand this riddle, and you will have your soul quenched.

Don't Be Mediocre

Whatever you do?

Whatever you say?

Put your soul into it?

It will brighten your day.

You are a genius.

Nobody has a gift like you.

Don't listen to the gossip people say.

You are a sparkle of the divine.

You are a diamond waiting to be discovered.

Wash off the rock within, and see yourself sparkle.

Bliss and joy are yours.

Remember don't be mediocre.

You were born a genius.

### The Bridge

It's a small price to pay when you go over a bridge.

Imagine swimming to the other side.

Sharks are all around.

Dangerous currents too.

A man would drown if he had to swim.

One dollar for the price of the toll.

Man tries to swim in the game of life.

He tries to go to the other side.

The wise man pays the toll and crosses the bridge inside.

To cross the bridge of life, man must pay the toll.

If you answer this riddle, you will know the mystery of life.



## The News

I've been watching the news lately.

How many children have to die?

Floods in Mozambique.

A 6-year-old shoots another 6-year-old with a gun.

A man hijacks a car and drags a young innocent boy to his death.

A young girl gets kidnapped in front of her house.

Fortunately, she returned.

Where do the problems stem?

Has man lost his sense of being?

What can we do to prevent such acts?

Are we so focused on making money that we have sacrificed our values?

Is America going down the drain?

We need to change.

Our government won't unless we do.

Power needs to come back to the people.

Each of us is responsible.

You have a role to play.

Every single one of us has a role.

Let's change this world.

How much longer will you wait?

Do you think heaven will occur overnight?

We must create heaven on earth.